



China Metro-Rural Holdings Limited

FOR IMMEDIATE RELEASE

CNR Releases SEC Form 6K

NEW YORK, NY, January 19, 2011 (MARKETWIRE) -- China Metro-Rural Holdings Limited (the "Company") today announced that it has released two new 6K forms which can be found on the Company's website at <http://www.chinametrorural.com/> as well as on the SEC website at <http://secfilings.com/searchresultswide.aspx?link=1&filingid=7660386> and <http://secfilings.com/searchresultswide.aspx?link=1&filingid=7660588> respectively.

The First 6-K was issued as an update to the Form 20-F previously filed on July 9, to reflect a) the distribution of Man Sang International Limited which resulted the discontinued operations; b) adoption of amendments to an existing International Accounting Standard; and c) a change in the accounting policy of the Company.

The second 6K filing was issued to reflect a full set of condensed consolidated interim financial information for the six months ended September 30, 2010 and related management discussion and analysis of results of operations.

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ABOUT CHINA METRO-RURAL HOLDINGS LIMITED

China Metro-Rural Holdings Limited, through Man Sang International Limited engages in pearl and jewelry business and in selling and leasing of properties in the PRC related to the pearl and jewelry business and, through Mega Dragon is one of the leading developers and operators of large scale, integrated agricultural logistics and trade centers in Northeast China that facilitate a relationship between sellers and buyers of agricultural commodities and small appliances, provide relevant physical platform and timely marketing information and intelligence, provide a transparent and competitive market price discovery mechanism and provide infrastructure to enhance the living standards of those from the rural area.

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